



# Carleton Place & District Horticultural Society

September 2025

## President's Message

September is one of my favorite gardening months! Choosing a favorite gardening month is much like choosing a favorite child. We love them all, just for different reasons.

This month is a time of transition. It's a time when we can look back on what we did or didn't do in the spring and summer seasons, assess how our decisions affected our gardens and schedule tasks to do before winter that will help improve our success in 2026.

Gardening is a joyful journey, and we can't achieve everything in just one or two seasons. Continuous improvement at a comfortable pace enriches our gardens and our sense of accomplishment. As we prepare for 2026, we'll focus on effective water management after this summer's drought. Sandy and I are enhancing autumn mulching of our borders by adding compost beneath a thicker layer of mulch. Compost will nourish beneficial soil life, helping our plants thrive. Mulch conserves moisture, reducing the need for extra watering—crucial for both plants and their ecosystems. We're also introducing more drought tolerant succulents and cacti to our rockery. Next year's vegetable beds will benefit from chopped leaf mulch gathered this autumn, and from an additional rain barrel.

Each of our gardens is at its own stage of development which means that we have different priorities for Fall garden projects. I wish you great success in choosing and accomplishing garden tasks that suit your needs – and most importantly that you take the time to have fun doing them. Remember, Rome wasn't built in a day.

Happy gardening,

Rick Roberts, President



## Narcissus, Greek Mythology

Paul Pietsch, information derived from Wikipedia



Narcissus reflecting in the pond.  
Adobe watercolor illustration

In Greek mythology, Narcissus is a hunter from Thespieae in Boeotia known for his beauty, which was noticed by all. According to the best-known version of the story in Ovid's *Metamorphoses*, Narcissus rejected the advances of all women and men who approached him, instead he fell in love with his own reflection in a pool of water. In some versions, he beat his breast purple in agony at being kept apart from this reflected love and died. In his place sprouted a flower that bears his name.

Learning about bulbs, it was common knowledge that Narcissus bulbs don't mind being near water among all the bulbs.

# Native Plant Giveaway September 3!

Irene Tobis, Climate Change & Biodiversity Interest Group, Vice-President

Following on from last year's popular giveaway event, this year we will be giving away more than 30 species of native plants, ready for fall planting.

Winter-sown from seeds from the OWSL over the past two winters by CPDHS members Irene Tobis and Deb Crosby, the plants were prepared for giveaway by members of the Climate Change and Biodiversity (CC&B) interest group, as part of their mission to interest more of us in growing more native plants.

These plants will be offered at no charge as a benefit of CPDHS membership. Non-members attending the meeting may take any plants remaining after members have taken their choices.

Detailed descriptions of the species, along with their preferred growing conditions, can be found at <https://acultivatedart.com/> (highly recommended, local experience) and elsewhere on the Internet, so you can research, ahead of time, which plants suit your conditions. (Bring a box or tray to carry your chosen plants.)

The speaker and members of CC&B will be available to answer your questions. Irene is also inviting members to an "Open Backyard" event at her home on Saturday, September 6, where you can see many of these native plants and others growing in her backyard, as well as more species for giveaway; ask Irene for details.



Irene Tobis and Deb Crosby, members of Climate Change & Biodiversity interest group, with their homegrown native plants ready for giveaway at our Sep 3rd meeting.

Anise Hyssop - <i>Agastache foeniculum</i>	Sweet Joe Pye Weed - <i>Eutrochium purpurium</i>
Red Columbine - <i>Aquilegia canadensis</i>	Closed Bottle Gentian - <i>Gentiana andrewsii</i>
Pearly Everlasting - <i>Anaphalis margaritacea</i>	Prairie Smoke - <i>Geum triflorum</i>
Field Pussytoes - <i>Antennaria neglecta</i>	Swamp Rose-mallow - <i>Hibiscus moscheutos</i>
American Spikenard - <i>Aralia racemosa</i>	Shrubby St John's-wort - <i>Hypericum prolificum</i>
Swamp Milkweed - <i>Asclepias incarnata</i>	Dense Blazing Star - <i>Liatris spicata</i>
Butterfly Milkweed - <i>Asclepias tuberosa</i>	Wild Bergamot - <i>Monarda fistulosa</i>
White Turtlehead - <i>Chelone glabra</i>	Spotted Beebalm - <i>Monarda punctata</i>
Lance-leaved Tickseed - <i>Coreopsis lanceolata</i>	Common Evening Primrose - <i>Oenothera biennis</i>
Boneset - <i>Eupatorium perfoliatum</i>	Gray-headed Prairie Coneflower - <i>Ratbida pinnata</i>
Cut-leaved Coneflower - <i>Rudbeckia laciniata</i>	Zig-zag Goldenrod - <i>Solidago flexicaulis</i>
Lance-leaved Figwort - <i>Scrophularia lanceolata</i>	Early Goldenrod - <i>Solidago juncea</i>
Blue-eyed Grass - <i>Sisyrinchium augustifolium</i>	Smooth Aster - <i>Symphyotrichum laeve</i>
New England Aster - <i>Symphyotrichum novae-angliae</i>	Wingstem - <i>Verbesina alternifolia</i>
Sky Blue Aster - <i>Symphyotrichum oolentangiense</i>	Culver's Root - <i>Veronicastrum virginicum</i>
Arrow-leaved Aster - <i>Symphyotrichum urophyllum</i>	Golden Alexanders - <i>Zizia aurea</i>

# Flower Show Committee Update

Barbara Fowler, Flower Show Coordinator, Director

The Flower Show Committee wishes to thank all those who helped with the set-up and take-down of the Summer Flower Show, the wonderful members who participated and, especially, the incredible Hospitality Team for the Ice Cream Social. Many visitors came for the Flower Show and enjoyed the ice cream while others came for the ice cream and discovered the beauty of the Flower Show.

The Fall Flower Show will be next month. We hope you will share whatever flowers are in your garden and have survived the drought as well as the delicious vegetables you have grown. The Theme for the Designs will be 'Canada Sings' and we hope you will have fun creating interesting and beautiful floral arrangements. Please, consider entering something and making the Fall Flower Show a success. The Show Schedule follows below.

Carleton Place and District Horticultural Society

## **FALL FLOWER SHOW**

**Wednesday, October 1, 2025**

**Zion Memorial United Church**

37 Franklin Street, Carleton Place, Ontario

Exhibits may be placed from 6:00- 7:00 p.m. before the regular meeting.

No entries will be accepted after 7:00 p.m. when judging starts.

Entry tags will be available on the evening of the Show, as well as at the September meeting.

### **RULES GOVERNING FLOWER SHOWS**

#### **General Rules**

All exhibitors, except where expressly noted, must be current members of the Carleton Place and District Horticultural Society.

All entries must be labelled using entry tags provided by the Society.

The Flower Show Committee reserves the right to add, delete, or divide classes.

Care will be taken with the exhibitor's property, but the Society will not be responsible for any loss or damage.

The judge's decision is final. Judges may withhold an award if, in their opinion, the exhibit is not worthy.

Judging will be in accordance with the Ontario Judging and Exhibiting Standards for Horticultural and Design, Second Edition, 2019 (OJES), available from the show chair. Please refer to the OJES for information and definitions.

#### **Rules for Horticultural Specimens**

The exhibitor must have grown the horticultural specimens.

An exhibitor may enter a maximum of two entries in each of the specimen classes, provided that each entry is of a different cultivar.

Exhibitors will provide their own containers: clear, uncoloured glass for horticultural specimens is recommended.

For educational purposes, exhibitors are encouraged to name their specimens.

Houseplants must have been in the exhibitor's possession for at least 3 months.

Harmful, scarce, protected, or endangered plants must not be entered. Please refer to OJES, page 14.

## **Rules for Design Classes**

Only one entry is permitted per class per exhibitor.

Novice Entries - Members can show as a Novice for two years or until they win a red ribbon in the Novice category. They can enter the Open classes at any time but cannot then return to Novice.

Fresh plant material may come from your garden or any other source.

Fruit, branches, and decorative wood may be used, and dried and/or treated material may be included. No artificial plant material is permitted.

Accessories are permitted unless otherwise noted.

Plants in soil are not permitted.

Exhibitors are responsible for the correct placement of their entries. Members of the Flower Show Committee will be available for assistance.

Youth categories are open to relatives of the Carleton Place and District Horticultural Society members and those who have attended CPDHS Young Gardeners Workshops.

## **Awards**

Entries earning First, Second, Third Place, and Honourable Mention will be recognized on entry tags.

Best in Show ribbons will be given for each division.

Additional ribbons may be given at the judge's discretion.

Annual awards will be presented at the Society's December meeting.

## **Points will be accrued as follows:**

**First Prize:** 5 points   **Second Prize:** 3 points   **Third Prize:** 2 points

**Honourable Mention:** 1 point   **Best in Show:** 5 points

## **Youth Awards**

Entries earning First, Second, Third Place, and Honourable Mention will be recognized on entry tags.

Best in Show ribbons will be given for each division. Additional ribbons may be given at the judge's discretion.

## **DIVISION 1: HORTICULTURE**

### **Section A: Horticultural Specimens**

Class 1: Chrysanthemum (Chrysanthemum), 1 bloom or spray

Class 2: Dahlia (Dahlia), 1 stem

Class 3: The Holiest Hosta, 1 leaf

Class 4: Hydrangea (Hydrangea), 1 stem

Class 5: Rosa (Rose), 1 specimen bloom

Class 6: Rosa (Rose), 1 spray

Class 7: Sedum (Sedum), 1 stem

Class 8: Any annual, 1 stem, named

Class 9: Any other perennial, 1 stem, named

Class 10: Fall branch, not to exceed 24" above the rim of the container

Class 11: Collection of Fall flowers, in a single container, minimum of 3 stems, different cultivars, named

### **Section B: Edibles**

Specimens are to be shown on a white paper plate, provided.

Class 12: Beans, 4 specimens, same cultivar

Class 13: Carrots, 3 specimens, same cultivar



Class 14: Peppers, sweet, 2 specimens, same cultivar

Class 15: Peppers, hot, 2 specimens, same cultivar

Class 16: Squash, winter, 1 specimen

Class 17: Tomatoes, 2 specimens, same cultivar

Class 18: Tomatoes, small variety (e.g., cherry, grape, etc.), 5 specimens, same variety

Class 19: Zucchini, 1 specimen, under 12"

Class 20: Vegetable Oddity, 1 specimen, named

Class 21: Any other vegetable, 1 specimen, named

Class 22: Any other fruit, 1 specimen, named

Class 23: A collection of herbs, minimum of 4 cultivars, 1 stem of each, named, in water in a single container

## **DIVISION 2: DESIGN**

**Theme: Canada Sings**

**Designs will be staged on a white table covering and have an allotted space of 56 cm (22") in width unless stated otherwise.**

**Class 24: "*The Maple Leaf Forever*"** - A Design, Open Class

**Class 25: "*The Maple Leaf Forever*"** - A Design, Novice Class

**Class 26: "*At the Rainbow's End*"** - A Small Design, to be shown in a black niche measuring 25 cm by 25 cm (10" by 10"), Open Class

**Class 27: "*At the Rainbow's End*"** - A Small Design, to be shown in a black niche measuring 25 cm by 25 cm (10" by 10"), Novice Class

**Class 28: "*Land of the Silver Birch*"** - A Design with Visible Use of Decorative Wood

**Class 29: "*Canadian Sunset*"** - A Design

**Class 30: "*If I Had a Million Dollars*"** - A Dried Collage, symbolizing a piece of jewelry, on a flat surface measuring 22cm by 28cm (8 1/2" by 11"). See Definition below.

## **DIVISION 3: YOUTH**

**Theme: Canada Sings**

**Class 31: "*Going to the Country*"** - A person made of Vegetables and/or Fruit, name your creation

### **Definitions**

**Accessory:** An object used in a subordinate manner to enhance a design. An accessory may be made of non-plant material, or plant-based material. A design incorporating an accessory should appear incomplete if the accessory is removed.

**Decorative Wood:** A term used to encompass:

- All types of wood whose surface has been altered by the elements in colour, form, and/or texture.
- Thick branches, sections of tree limbs or trunks, burls, cypress knees, palm spathes, roots and even some woody seed pods (usually tropical).
- Wood that has been waxed, varnished, painted or treated in such a way that its surface quality and/or colour has been changed.
- Thin branches and fungus are not considered decorative wood. Bark is not actually wood but is often considered decorative wood for design purposes.

**Design:** A combination of fresh and/or dried plant materials, with or without other objects arranged to create an artistic unit. A design may include container(s), base (s), and/or accessories. The designer uses the elements of design: space, line, form, colour, texture and pattern in the accepted principles of design: balance, rhythm,

proportion, scale, contrast and dominance to interpret the theme and/or class and create a design of harmony and distinction.

**Dried Collage:** A design created by gluing seeds, nuts, and/or dried plant material on a flat surface measuring 22 cm by 28 cm (8 1/2" by 11"). The collage is typically done in low relief. Depth is implied and achieved by overlapping planes, changes in value and/or juxtaposition of colour, pattern and/or texture. Accessories may be used.

**Fruit:** The edible or inedible fleshy seed-bearing part produced by a plant. For exhibition purposes, some fruit are shown as vegetables, e.g., tomato, and some vegetables are shown as fruit, e.g., rhubarb, on the basis of their common table use.

**Small:** A design from 14 cm to 25.4 cm (5.5" to 10") and which must not exceed 25.4 cm (10") in height, width, and depth, including any container, base, and/or accessories.

**Vegetable:** Any plant having parts that are used for food. For exhibition purposes, some vegetables are shown as fruit, e.g., rhubarb, some fruit are shown as vegetables, e.g., tomato. It is on the basis of their common table use.

(Source: Ontario Judging and Exhibiting Standards, 2019)

### 2025 FLOWER SHOW COMMITTEE

Doreen Harris, Barbara Fowler, Barb C., Valencia Logan, Heather Lebeau  
If you have questions or would like to volunteer to help, please contact us.  
Email: CPDHSflowers@gmail.com

## Don't forget the 2025 CPDHS Photo Competition

This is a reminder that photos for the 2025 CPDHS photo competition are to be submitted at our October 1, 2025 meeting.

### Theme: Canadiana

Class: 1: Canadian colours of red and/or white (any combination) from any plant source

Class: 2: Structures/buildings typifying Canada - with horticultural content, it could be barns, structures representative of Canadiana, cedar rail fences etc.

Class: 3: "Food for Thought" Container gardening – Vegetables, or herbs grown in a container or raised bed (a raised bed built above ground level, made of materials such as wood, concrete, or stone).

For full details visit our website <https://cphorticulture.ca/> and scroll down to Activities Photo Competitions or contact Rob.

Photography convener: Rob Drapeau, 613 206-4316  
[drapeau@bell.net](mailto:drapeau@bell.net)



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We depend on our members for its content. If you would like to contribute, please send your submissions to:

[cphorticulture@gmail.com](mailto:cphorticulture@gmail.com)

Editor, Design and Layout: Linda Bartlett

Contributors - Articles and Photos: Rick Roberts, Barb Clarke, Barbara Fowler, Irene Tobis, Rob Drapeau, Paul Pietsch and Linda Bartlett

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