



Carleton Place & District Horticultural Society

September 2026

President's Message

As September rolls in, our gardens begin that gorgeous shift from peak summer extravagance to warm autumn hues. While we enjoy beautiful late-season blooms, like sedums, asters, coneflowers and those final flushes of roses, it's time to start thinking ahead. What we do now sets the stage for the success of our yard and garden next spring and summer.

At the moment, we are busy harvesting, enjoying the rewards of our hard work, and beginning to get the vegetable beds and borders ready for the winter months. Sandy and I are dividing overgrown perennials to give them a growth boost for next year, moving some to better advantage, and setting some divisions in a nursery bed to donate to the plant sale in the spring. It's also the perfect time to pull up tired annuals, cut back the foliage on perennials such as peonies, irises and phlox to reduce disease and pest carryover. This year has been very wet in our area, promoting greater than usual fungal damage. Foliage infected with mildew, black spot, botrytis, or other fungal diseases should not be added to most home compost piles, as they rarely get hot enough to destroy the pathogens. Take that contaminated foliage to the municipal compost yard or burn it. Top your beds off with a good layer of compost to feed and protect the soil through the winter.



As we approach the fall season, it's a perfect time for our community of gardeners to come together to share. Let's use this time to swap seeds and divided plants, share knowledge, and chat about what worked (and what didn't!) this past year.

In closing, a massive thank you to our amazing members and dedicated volunteers who keep Carleton Place vibrant and beautiful through your own actions and by inspiring others. I look forward to catching up with you at our fall meetings and the Fall Flower Show as we swap stories and begin preparing our gardens for a well-earned winter nap.

Happy gardening, Rick



October 7th Meeting - Trees, Shrubs and Plant Health Care

Ian Laidlaw, District Manager, Davey Tree Expert Company Ottawa will talk about the general benefits of maintaining your trees, proper pruning techniques, preparing for storms, benefits of fertilization and disease and pest management and importance of calling an arborist for regular inspections of the trees. Ian has been in the industry for 20 years servicing the Ottawa area and he has worked at all levels to become a licensed plant health care technician, ISA Certified Arborist, TRAQ certified.

We will also have a "Plant Swap" - see page 4 for details.

Native Plant Garden Tour and Giveaway, Saturday, September 5th

Irene Tobis, Climate Change & Biodiversity Interest Group, Vice-President

Our 3rd Annual Native Plants Giveaway will take place on **Saturday, September 5th, 1-4 pm**, at the garden of CPDHS member **Irene Tobis, 66 Queen Street North, Carleton Place.**

Irene Tobis will be offering tours of her backyard garden throughout the afternoon. Since moving to Carleton Place and joining our society as a novice gardener four years ago, she has planted and grown, mostly from seed, more than 100 species of native plants, dozens of which will be in bloom on Saturday.

Vinnie Krieger, CPDHS member, will offer demonstrations of how to transplant winter-sown seedlings, preparing them for fall planting in your garden.



Irene Tobis and Deb Crosby, members of Climate Change & Biodiversity interest group, with their homegrown native plants ready for giveaway

Photo by Irene Tobis



Bee on Canadian Goldenrod,
Photo by Irene Tobis

This event is a project of CPDHS's Climate Change and Biodiversity interest group, as part of its mission to encourage gardeners to grow more native plants for their ecological benefits. Special thanks to CPDHS volunteers Irene Tobis, Deb Crosby, Kiah Barton, Vinnie Krieger, Brenda Cupper, and Audrey Downer.

Seedlings and mature native plants will be offered at no charge as a benefit of CPDHS membership. Non-members are welcome to attend at no charge, but will be asked to make a donation to cover materials: \$2 for seedlings and \$5 for mature plants. Brenda Cupper will be on hand to sign up new members. Please invite anyone you think might be interested!

Members experienced in growing native plants, not just in Ontario but right here in Carleton Place, will be available to answer your questions.

Irene, Deb, and Kiah especially recommend the available species listed on the next page that have grown well and bloomed in their gardens.

Detailed info on these and dozens of other available species can be found online at:

<https://tinyurl.com/CPnativeplantsale>

Irene Tobis' Garden
Photo by Irene Tobis



American Alumroot - <i>Heuchera americana</i>	Nodding Onion - <i>Allium cernuum</i>
Anise Hyssop - <i>Agastache foeniculum</i>	Obedient Plant - <i>Physostegia virginiana</i>
Black-eyed Susan - <i>Rudbeckia hirta</i>	Ohio Goldenrod - <i>Solidago ohioensis</i>
Blue Vervain - <i>Verbena hastata</i>	Ohio Spiderwort - <i>Tradescantia ohiensis</i>
Blue-stemmed Goldenrod - <i>Solidago caesia</i>	Pearly Everlasting - <i>Anaphalis margaritacea</i>
Bowman's Root - <i>Gillenia trifoliata</i>	Perennial Evening-primrose - <i>Oenothera perennis</i>
Butterfly Milkweed - <i>Asclepias tuberosa</i>	Prairie Onion - <i>Allium stellatum</i>
Button (Rough) Blazing Star - <i>Liatris aspera</i>	Prairie Smoke - <i>Geum triflorum</i>
Calico Aster - <i>Symphyotrichum lateriflorum</i>	Purple-flowering Raspberry - <i>Rubus odoratus</i>
Canada Avens - <i>Geum canadense</i>	Red Columbine - <i>Aquilegia canadensis</i>
Cardinal Flower - <i>Lobelia cardinalis</i>	Scarlet Beebalm - <i>Monarda didyma</i>
Closed Bottle Gentian - <i>Gentiana andrewsii</i>	Self-Heal - <i>Prunella vulgaris</i>
Culver's Root - <i>Veronicastrum virginicum</i>	Shrubby St John's Wort - <i>Hypericum prolificum</i>
Cut-leaved Coneflower - <i>Rudbeckia laciniata</i>	Smooth Aster - <i>Symphyotrichum laeve</i>
Dense Blazing Star - <i>Liatris spicata</i>	Sneezeweed - <i>Helenium autumnale</i>
Early Goldenrod - <i>Solidago juncea</i>	Spotted Beebalm - <i>Monarda punctata</i>
False Sunflower - <i>Heliopsis helianthoides</i>	Swamp Aster - <i>Symphyotrichum puniceum</i>
Fireweed - <i>Chamaenerion angustifolium</i>	Swamp Milkweed - <i>Asclepias incarnata</i>
Foxglove Beardtongue - <i>Penstemon digitalis</i>	Swamp Rose-mallow - <i>Hibiscus moscheutos</i>
Giant Ironweed - <i>Vernonia gigantea</i>	Sweet Joe Pye Weed - <i>Eutrochium purpureum</i>
Golden Alexanders - <i>Zizia aurea</i>	Tall Boneset - <i>Eupatorium altissimum</i>
Great Blue Lobelia - <i>Lobelia siphilitica</i>	Tall Coreopsis - <i>Coreopsis tripteris</i>
Gray-headed Prairie Coneflower - <i>Ratbida pinnata</i>	Tall Wood Beauty - <i>Drymocallis arguta</i>
Grey-stemmed Goldenrod - <i>Solidago nemoralis</i>	Upland White Goldenrod - <i>Solidago ptarmicoides</i>
Hairy Beardtongue - <i>Penstemon hirsutus</i>	Virginia Creeper - <i>Parthenocissus quinquefolia</i>
Heart-leaved Aster - <i>Symphyotrichum cordifolium</i>	White Meadowsweet - <i>Spiraea alba</i>
Hoary Vervain - <i>Verbena stricta</i>	White Turtlehead - <i>Chelone glabra</i>
Lance-leaved Coreopsis - <i>Coreopsis lanceolata</i>	White Wood Aster - <i>Eurybia divaricata</i>
Lance-leaved Figwort - <i>Scrophularia lanceolata</i>	Wild Basil - <i>Clinopodium vulgare</i>
Lewis' Wild Blue Flax - <i>Linum lewisii</i>	Wild Bergamot - <i>Monarda fistulosa</i>
Lindley's Aster - <i>Symphyotrichum ciliolatum</i>	Wild Strawberry - <i>Fragaria virginiana</i>
Missouri Ironweed - <i>Vernonia missurica</i>	Wingstem - <i>Verbesina alternifolia</i>
New England Aster - <i>Symphyotrichum novae-angliae</i>	Zigzag Goldenrod - <i>Solidago flexicaulis</i>

This newsletter is published by the Carleton Place and District Horticultural Society and is distributed to its members free of charge.

We depend on our members for its content. If you would like to contribute, please send your submissions to: cphorticulture@gmail.com

Editor, Design and Layout: Linda Bartlett

Contributors - Articles and Photos: Rick Roberts, Barbara Fowler, Irene Tobis, Rob Drapeau, and Linda Bartlett

Follow us on Facebook: <https://www.facebook.com/carletonplaceanddistricthorticulturalsociety>

Follow us on Instagram: https://www.instagram.com/cp_and_district_hort_society/

Visit our website: www.cphorticulture.ca

Fall Flower Show and Harvest Social

Saturday, September 26, 2026

Barbara Fowler, Flower Show Coordinator, Director

The Flower Show Committee invites you to participate in the Fall Flower Show. There will be sections for beautiful specimens from your garden, delicious fruit and vegetables you have grown this summer and creative designs for the theme *Forces of Nature*.

The full Schedule is available on our website: <https://cphorticulture.ca/events/> under Fall Flower Show. We have some printed copies available for pick-up at the September meeting. Should you be considering entering the Fall Show, please, see Valencia for some entry cards this evening as this speeds up the process of registration. You will note that the time for placing entries in the Show has been changed. No entries may be placed on the tables after 10:30 a.m. Therefore, please, come early.

We are looking for volunteers to help set up the hall on Friday, September 25th, at 6:30 p.m. and to clean up after the show on Saturday, September 26th, at 4:30 p.m. Please, see Doreen Harris if you are able to help set up before the show or with clean-up.

The Hospitality Committee is organizing a Harvest Social event with pies and cider when the Flower Show is open to the public.

REMINDER: 2026 CPDHS Photo Competition

This is a reminder that photos for the 2026 CPDHS photo competition are to be submitted at our October 7, 2026 meeting.

Theme: The Joys and Tranquility of Horticulture

Class1: Plant source containing white as a colour.

Class 2: Vegetation containing fruits and/or vegetables.

Class 3: Sunrise or sunset containing horticulture content.

For full details, visit our website <https://cphorticulture.ca/events/> and scroll down to Photo Competitions, or contact Rob.

Photography convener: Rob Drapeau
613 206-4316 or drapeau@bell.net

October Meeting Plant Swap

There will be a Plant Swap at the October meeting.

What is a Plant Swap you ask?

Fall is a great time to divide perennials especially spring bloomers, such as peonies and iris, and to get them planted in the garden. Members are invited to bring up to three (3) perennials and/or house plants to the meeting. No trees! Please, make sure each plant is identified with its name and its colour (if possible). For each plant you bring, you will receive a ticket.

At the designated time, ticket holders will be invited to exchange their tickets for plants. Should you not wish to select more plants for your garden, the leftover plants will be offered to the rest of the members at the meeting.

At our **November 4th Meeting**, the Hospitality Committee will host a Jam, Jelly and Preserves competition. Members of the Horticultural Society can bring in their entries to be judged on taste, appearance and recipe creativity. Stay tuned for more information at our October meeting and via email to our members.